Finding That Elusive Thesis Topic in the Social Sciences

(Revised)

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Over the course of my years as Research Advisor in the Social Sciences for the Master of Liberal Arts (ALM) Program, I have noticed two counter-productive tendencies among ALM candidates when it comes time to choose a topic for their thesis—either they overestimate what is required for a master’s thesis or they underestimate what is required. Those who overestimate think they will not have enough to write about to fill 60 to 80 pages. They are the ones who want to reinterpret all of Western civilization in terms of its intellectual/cultural, political, social, and economic aspects with concomitant ramifications for the Third World as well as every man, woman, and child that has ever existed or will ever exist in the universe. Those who underestimate what is involved, in contrast, tend to approach it as they would a paper for a course. “Oh, I write fast,” they will explain when I point out that a month is not enough time to do a thesis. Their thesis proposals are usually on the order of “I plan to go to the library and look up some books on the topic, once I get a thesis director.” I try to inform those candidates that one cannot do the work of the proposal and the work of the thesis in the time allotted, and that it often takes as much as a year and a half, or longer, from the time one begins looking for a topic to completion of the thesis.

In the case of both tendencies, the common denominator is a certain vagueness concerning what constitutes a research question as well as what constitutes originality. A
topic needs to focus on something specific yet significant. Testing the hypothesis that, for example, more men than women carry black umbrellas, while it might involve such aspects of research as data gathering and statistical analysis, would not be particularly significant (unless one could show the opposite were the case, but that’s another story).

For those who are concerned that they won’t have enough to write amount because they have never done a 60- to 80-page paper before, I break down the thesis into four component parts: a 20-page introduction, a 20-page conclusion, and two 20-page research papers in between. There’s your 80 pages. But the research part of the thesis must be sharply focused and analytical, and it must connect with significant issues (that is, it must answer the “So what?” question). I sometimes use the metaphor of a hub-and-spokes wheel to explain what we are looking for in a thesis topic. The hub is the core of your research; the spokes are the context and implications. You can expand down the spokes as far as you need to go and then return to the hub core to keep your research and thesis centered.

One does not require a broad topic to write a substantial number of pages. In fact, often the more specific the focus of the research question and hypothesis, the easier it is to write the thesis. One of our most successful (and longest) theses analyzed one phrase—“high crimes and misdemeanors.” To be sure, it is a rather significant phrase, and the thesis writer delved deeply into the history of the use of the phrase. At the end, his thesis director wrote that anyone who ever considers impeaching a president or federal judge needed to read this ALM thesis. Another thesis writer looked at the proposal a few years ago to build a new runway at Logan Airport. He was interested in to process of public participation and assisted negotiation during the open hearing stage. In a sense, “the hub”
of his topic (the proposal of a new runway) was less significant than “the spokes” (the context of the public’s reaction).

This last thesis points up that a thesis topic need not be of a so-called “academic-type.” It can be something that is of personal interest to you. One ALM thesis was on the designated hitter rule in baseball and its connection with changing social mores in the United States. Another thesis was on the impact on rural-area phone and Internet service as a result of the merger of local phone companies into larger conglomerates such as Verizon. The thesis writer worked for one of the larger phone entities and was concerned that rural-area users would not be cost-effective for the larger conglomerates to keep servicing. A third thesis writer was a teacher at a secondary school in Massachusetts and questioned the then prevailing academic view that boys were being given preference in the classroom over girls.

A topic can be “broad” in a time sense, covering a century or more, or in a geographic sense, covering a relatively wide area of the globe, if one knows specifically what one is looking for and knows how to find it. One ALM thesis, for instance, examined the effects of power and alliance membership on the frequency of occurrence of wars from 1816 to 1965. The author was able to accomplish his task satisfactorily by adopting a statistical approach and modeling the data according to a generalized event count distribution. Another thesis examined the treatment and view of old men by young men in Athenian sources over the course of several centuries from the Archaic period to the fourth century B.C. A third looked at consumerism as a defining characteristic of American nationalism. Such topics with seemingly broad purviews were doable only because the thesis writers had a specific research question and a well-focused hypothesis.
Two theses come to mind in regard to studying a wide geographical distribution. One looked at military authoritarianism in Latin America and Africa by comparing bureaucratic authoritarianism in Brazil with personalistic monocracy in Uganda as case studies. The other examined the impact that the Persian Gulf War (1990–1991) had on Japan’s relations with the United Nations. These topics worked because each thesis writer was isolating and focusing on specific aspects of time and place.

Thesis directors will have ideas about context, so I advise candidates to be as specific as they can concerning the core of their research. Sometimes the evidence gathering is the most original part of the thesis; other times it can be a new way of analyzing the evidence. But if the focus of the topic is sharp and specific, then not only do I have an easier time in finding a thesis director but also the thesis director will have an easier time coming up with additional ideas about context and ramifications. To approach it the other way, looking at possible implications before one has a focused research project (“Just think of the implications if I could show that more women than men carry black umbrellas”) puts the cart before the horse (and in this case there may be no horse). One case where the thesis director had such an impact involved a proposal in which the candidate defined her thesis topic in terms of the significance of Quebec’s having a referendum specifically in the fall of 1995 on separation from Canada. The thesis director noted that Quebec had had several such referenda in the previous few decades, and he and the candidate together turned the thesis topic into why Quebec calls referenda on this issue in general.

A topic should also be something the researcher is vitally interested in, because that interest carries him or her over the rough spots and gets him or her out to the library on
cold, winter evenings. The topic can have a personal interest for the researcher. But it should be one that the researcher is genuinely interested in finding the answer to a question. Research is a lonely business and there is much to be said for the value of the quest for knowledge for its own sake—that is, one wonders why something is the way it is. One thesis looked at the methods employed by the Romans to heat their public baths. The author of the thesis, an engineer himself, wondered what role the hollow vaults and glazed windows had in Roman baths. He concluded that (1) the hollow vaults had no role in thermal insulation but did prevent condensate from forming and dripping on the bathers and (2) the glazed windows not only prevented heat loss but had the beneficial side effect of promoting solar heat gain.

Also the researcher may have access to unpublished or previously unresearched materials. One ALM thesis used the minutes of the meetings of the Massachusetts Milk Cooperative. The minutes were unpublished, but the author of the thesis had access to a complete collection of them because his father had been recording secretary for the Cooperative. The main evidence another thesis drew on was the reactions and emotions people in the streets of Cairo, Egypt, said they had when they heard the *adhan*, the Islamic call to prayer. This was an area that had never been researched before, so far as we know, and the researcher collected the evidence personally. A third thesis drew on the Col. Thomas Wentworth Higginson papers in the Houghton Library, which, although known to scholars, had never been utilized in anyone’s research on the Civil War. A fourth thesis focused on the sermons of a rector at a church Philadelphia (during the American Civil War and on the twenty unpublished letters to him from his eldest son, who fought at the battles of Fredericksburg, Gettysburg, and Spotsylvania, and in the
Wilderness campaign.

The researcher can look at a number of different aspects within a specific context. For example, one thesis discussed whether we can consider William Thompson (Lord Kelvin) to have been a scientist, an entrepreneur, or a technologist. The author of the thesis focused his analysis on inventions connected with Thompson’s contributions to undersea telegraphy (laying the cables, sending the electrical impulses, receiving and recording them, etc.) from the 1850s through the 1880s. By focusing his research on a particular, yet significant, aspect of Thompson’s work, the author was able to answer the question satisfactorily in favor of Thompson’s being primarily a technologist. Another thesis analyzed the theory and practice of Boston Museum of Science displays in terms of whether they are or should be celebratory, descriptive, or critical. By focusing specifically on the design and arrangement of displays, the author was able to discuss the wider aspects of the role not only that museums of science have in present-day society but also the role that science has.

While I do encourage ALM candidates to interview people for a topic in the Social Sciences, interviewing usually should not be the basis of the thesis. It is often difficult to set up interviews and time consuming copying the notes or transcribing the tape of the interview. Also I warn against topics with lengthy questionnaires. Some candidates think that doing a questionnaire is a quick and easy way of doing research. But then they find that people, in general, do not like to fill out questionnaires, especially when it involves providing personal information, such as how much money they make, where they live, etc. And the longer a questionnaire is the less likely one is going to get much of a response, not to mention the cost of photocopying and mailing for the researcher.
Sometimes, however, the nature of the topic calls for a series of questions asked of a large enough group to be statistically significant. One of our candidates wanted to find out what organizations with political lobbies would do if federal campaign finance reform prohibited them from contributing directly to candidates for political office. In particular, he wanted to try to determine whether the effects of such reform would be more in keeping with the ideas of the Founding Fathers as expressed in the Federalist Papers or less so. He devised a four-question questionnaire and, instead of mailing it to lobbying organizations, he called them on the phone. Almost all lobbying organizations have spokespersons whose job it is to talk with the public, so in a way he had a captive audience for his questionnaire. It was their job to respond to his questions, and his response rate was in the high 90%. As a result of their responses, he was able to reach the conclusion that prohibiting direct contribution of money to political candidates would result in lobbies’ using their money to try to influence voters, which coincided more closely with the ideas concerning ways expressed in the Federalist Papers to influence the electoral process.

The particular danger of personal interest in a topic, of course, is the preconceived notion, that is, wanting to prove a point or engaging in a diatribe against some view that one does not like. We all have our biases, but when we try to prove our biases are correct rather than testing them to see if they are wrong we are prone to skewing the evidence and forcing it to conform to our wishes. Such tendencies do not lead to appropriate thesis topics. One is free to write letters to the editor of one’s local newspaper or even articles for magazines or even run for public office to advance one’s own ideological position. But the best research is done when one has no vested interest in whether the outcome is
one way or another. “Let the chips fall where they may” should be the researcher’s attitude. Follow the evidence wherever it leads. Doing so is what is meant by disinterested research, even though the topic itself may be fraught with emotion for the researcher and for the people involved. For example, some time ago, a mayor of a New England city wrote his ALM thesis on public and private housing programs for the poor. Politically and based on his past experience with public housing in his city, he approached the topic with the idea that public housing was a bad idea, and his hypothesis stated as much. Yet, in the course of doing his research on the thesis itself, he found evidence of cases and situations where public housing worked better than private housing. The conclusion of his thesis presented a more nuanced and refined understanding of the entire issue than he had before, but only because he allowed the evidence to speak to him.

Another thesis also analyzed an issue of some ideological heat. At the same time some politicians a number of years ago were speculating that welfare was the reason why there were so many Cambodian Americans in Lowell, one of our graduates had just completed her thesis on this topic and concluded that the first Cambodian Americans to come to this area were drawn by the technology companies on Route 128. These new hires found Lowell a good place to live because of the low rents and real estate prices. Once there, they, being family oriented, invited their families and relatives to come, which created a growing community of Cambodian Americans. This community, in turn, required services, which Cambodian-American entrepreneurs began to provide. The success of these Cambodian-American entrepreneurs led to resentment among some Americans born in the U.S. and earlier European immigrants, whose businesses had not
adjusted to the new customer base. Thus, we would hear the fiction that Cambodians came to Lowell for the welfare when statistically there was a lower percentage of Cambodian Americans on welfare than other ethnic groups in the area. The point is, not that the author of the thesis had shown a preconceived notion to be wrong, but that she had no vested interest in forcing the outcome to be one particular way or another. She came to her topic when she was driving through a neighborhood in Boston where there is a large population of Americans from Southeast Asia and wondered why that was. She studied Lowell and the Cambodian Americans there because it was more convenient for her to gather evidence.

No matter what your idea is for a thesis topic, you will need to discuss that idea with your Research Advisor, who can help you develop the idea into an actual thesis topic. You can think of your “good idea” as a diamond in the rough. Your Research Advisor will assist you in cutting that diamond so the best facets show. Once you get a Thesis Director, that person will provide direction on how to further cut and polish your diamond. Hard work and expertise is involved in doing a thesis as it is in cutting a diamond, and the outcome is better in both instances if you love your topic/diamond.

Avoiding the Scylla of overestimating and Charybdis of underestimating one’s thesis topic is part of the process of developing a topic. The topic should be both specific and significant, which is a key point. And it should be something the researcher has a genuine interest in finding out what the answer is but no vested interest in what that answer has to be. These are the essential components of finding and developing an excellent thesis topic.